

June 2026 DELRAY

ADULT DAY CARE ACTIVITIES CALENDAR

the volen center
Together we make community happen.

Good Times.
Great Friends.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 <i>Music & Memories</i> RISE & SHINE 10- Move & Groove 11- Cognitive Quest 1- Bingo Bonanza 2- Live Entertainment 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	2 <i>Destination Tuesday</i> RISE & SHINE 10- Historical Highlights 11- Dice Breaker 1- Sing a Long 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	3 RISE & SHINE 10- Senior Strength 11- Morning Coffee Chat 1- Cookie Tasting 2- Cognitive Quest 3- White Board Challenge 4- Word Quest 5- Game Zone 	4 <i>Vegas Thursday</i> RISE & SHINE 10- Ageless Energy 11- TAI CHI Time 1- Jeopardy Masters 2- Delray Disco 3- Bead Majic 4- Friendly Faces Chit Chat 5- Relaxing Rhythms 	5 RISE & SHINE 10- Morning Mobility 11- Knowledge Knockout 1- Gents & Gems Club 2- Bingo Time 3- Nature Insights 4- Game Masters 5- Creative Studio 	
8 RISE & SHINE 10- Move & Groove 11- Cognitive Quest 1- Bingo Bonanza 2- Live Entertainment 3- Storytelling Session 4- Golden Motion 5- Imagination Station	9 <i>Throwback Tuesday</i> RISE & SHINE 10- Historical Highlights 11- Father's Day Craft 1- Sing a Long 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	10 RISE & SHINE 10- Senior Strength 11- Morning Coffee Chat 1- Hot Topics 2- Cognitive Quest 3- White Board Challenge 4- Word Quest 5- Game Zone 	11 RISE & SHINE 10- Ageless Energy 11- TAI CHI Time 1- Jeopardy Masters 2- Delray Disco 3- Bead Majic 4- Friendly Faces Chit Chat 5- Relaxing Rhythms 	12 RISE & SHINE 10- Morning Mobility 11- Knowledge Knockout 1- Gents & Gems Club 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio 	
15 RISE & SHINE 10- Move & Groove 11- Cognitive Quest 1- Bingo Bonanza 2- Live Entertainment 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	16 <i>ICE CREAM SOCIAL</i> RISE & SHINE 10- Historical Highlights 11- Aroma Therapy 1- Sing a Long 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	17 RISE & SHINE 10- Senior Strength 11- Floral Arrangement Class 1- Hot Topics 2- Cognitive Quest 3- White Board Challenge 4- Word Quest 5- Game Zone 	18 <i>Throwback Thursday</i> RISE & SHINE 10- Ageless Energy 11- TAI CHI Time 1- Jeopardy Masters 2- Delray Disco 3- Bead Majic 4- Friendly Faces Chit Chat 5- Relaxing Rhythms 	19 TIE DAY RISE & SHINE 10- Morning Mobility 11- Knowledge Knockout 1- Gents & Gems Club 2- FATHER'S DAY CELEBRATION 3- Nature Insights 4- Game Masters 5- Creative Studio  	
22 RISE & SHINE 10- Move & Groove 11- Cognitive Quest 1- Bingo Bonanza 2- Live Entertainment 3- Storytelling Session 4- Golden Motion 5- Imagination Station	23 <i>Casino Games</i> RISE & SHINE 10- Historical Highlights 11- Tie-Dye Craft 1- Sing a Long 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	24 RISE & SHINE 10- Senior Strength 11- Morning Coffee Chat 1- Hot Topics 2- Cognitive Quest 3- White Board Challenge 4- Word Quest 5- Game Zone 	25 <i>ICE CREAM SOCIAL</i> RISE & SHINE 10- Ageless Energy 11- TAI CHI Time 1- Jeopardy Masters 2- Delray Disco 3- Bead Majic 4- Friendly Faces Chit Chat 5- Relaxing Rhythms 	26 RISE & SHINE 10- Morning Mobility 11- Knowledge Knockout 1- Gents & Gems Club 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio 	
29 RISE & SHINE 10- Move & Groove 11- Cognitive Quest 1- Bingo Bonanza 2- Live Entertainment 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	30 <i>Summer Party</i> RISE & SHINE 10- Historical Highlights 11- Aroma Therapy 1- Sing a Long 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	 hello SUMMER			

TOGETHER, WE MAKE COMMUNITY HAPPEN.