

# June 2026

## BOCA

### ADULT DAY CARE ACTIVITIES CALENDAR

the volen center  
Together we make community happen.

Good Times.  
Great Friends.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <i>Music &amp; Memories</i> <b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- <b>Bingo Bonanza</b> 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	<b>2</b> <i>Destination Tuesday</i> <b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- <b>Surf's Up Project</b> 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	<b>3</b> <b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- <b>Live Entertainment</b> 2- Bounce and Score Game 3- White Board Challenge 4- <b>Word Quest</b> 5- Game Zone 	<b>4</b> <i>Vegas Thursday</i> <b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- <b>Jeopardy Masters</b> 2- Bingo Bonanza 3- Bead Majic 4- <b>Friendly Faces Chit Chat</b> 5- Relaxing Rhythms 	<b>5</b> <b>RISE &amp; SHINE</b> 10- Move Your Body! 11- Men's/Women's Club 1- <b>Live Entertainment</b> 2- Movie Time 3- Nature Walk 4- Game Battle 5- Open Art 
<b>8</b> <b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- <b>Bingo Bonanza</b> 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station	<b>9</b> <i>Throwback Tuesday</i> <b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- <b>Sing a Long</b> 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	<b>10</b> <b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- <b>Live Entertainment</b> 2- Fitness and Fun 3- White Board Challenge 4- <b>Word Quest</b> 5- Game Zone 	<b>11</b> <b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Summer on the Clothelines 1- <b>ICE CREAM SOCIAL</b> 2- Bingo Bonanza 3- Bead Majic 4- <b>Friendly Faces Chit Chat</b> 5- Relaxing Rhythms 	<b>12</b> <b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Gents & Gems Club 1- <b>Live Entertainment</b> 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio 
<b>15</b> <b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- <b>Bingo Bonanza</b> 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	<b>16</b> <b>ICE CREAM SOCIAL</b> <b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- <b>Sing a Long</b> 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	<b>17</b> <b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- <b>Live Entertainment</b> 2- Cognitive Quest 3- White Board Challenge 4- <b>Word Quest</b> 5- Game Zone 	<b>18</b> <i>Throwback Thursday</i> <b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- <b>Jeopardy Masters</b> 2- Bingo Bonanza 3- Bead Majic 4- <b>Friendly Faces Chit Chat</b> 5- Relaxing Rhythms 	<b>19</b> <b>TIE DAY</b> <b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Knowledge Knockout 1- <b>FATHER'S DAY CELEBRATION</b> 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio  
<b>22</b> <b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- <b>Bingo Bonanza</b> 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	<b>23</b> <i>Casino Games</i> <b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Tie-Dye Craft 1- <b>Sing a Long</b> 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 	<b>24</b> <b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- <b>Live Entertainment</b> 2- Cognitive Quest 3- White Board Challenge 4- <b>Word Quest</b> 5- Game Zone 	<b>25</b> <b>ICE CREAM SOCIAL</b> <b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- <b>Jeopardy Masters</b> 2- Bingo Bonanza 3- Bead Majic 4- <b>Friendly Faces Chit Chat</b> 5- Relaxing Rhythms 	<b>26</b> <b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Gents & Gems Club 1- <b>Live Entertainment</b> 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio 

<b>29</b> <b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- <b>Bingo Bonanza</b> 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station 	<b>30</b> <i>Summer Party</i> <b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Aroma Therapy 1- <b>Sing a Long</b> 2- Blanca's Fitness Flow 3- Golden Motion 4- Nature Insights 5- Soothing Sounds 
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hello SUMMER



TOGETHER, WE MAKE COMMUNITY HAPPEN.