

# June 2026

## LUNCH MENU

the volen center

Together we make community happen.

Good Times.  
Great Friends.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1** Grilled Chicken w/Alfredo Sauce  
Bow Tie Pasta  
Green Beans  
Plantains  
1% Low Fat Milk  
Whole Grain Roll



**2** Coconut Curry Chicken  
Basmati Rice  
Seasonal Veggies  
Applesauce  
1% Low Fat Milk  
Whole Grain Bread



**3** Texas Beef Chili w/Cheddar Cheese  
Sweet Potatoes  
Corn/Lime/Bean Succotash  
Banana  
1% Low Fat Milk  
Whole Grain Bread



**4** Cobb Pasta Salad  
Cucumber & Red Onion  
Creamy Broccoli Salad  
1% Low Fat Milk & Apple Juice  
Whole Grain Bread



**5** Teriyaki Meatballs  
Gingered Brown Rice  
Stir Fry Veggies  
Applesauce  
1% Low Fat Milk  
Whole Grain Roll



**8** Beef & Macaroni Casserole  
Butternut Squash  
Cali Blend Veggies  
1% Low Fat Milk & Apple Cherry Juice  
Whole Grain Bread

**9** Thai Ginger Curry Chicken Thigh  
Brown Rice  
Green Beans w/Red Peppers  
Apple sauce  
1% Low Fat Milk & Blended Juice



**10** Meatloaf w/Brown Apple Gravy  
Potato Onion Souffle  
Cabbage & Carrots  
1% Low Fat Milk & Apple Juice  
Whole Grain Bread



**11** Lemon Thyme Chicken  
Roasted Sweet Potatoes  
Green Beans  
Fruit Cup  
1% Low Fat Milk  
Whole Grain Roll



**12** Turkey Burger  
Potato Steak Fries  
Peas & Carrots  
Banana  
1% Low Fat Milk  
Whole Grain Bread



**15** Grilled Chicken w/Vodka Sauce  
Penne Pasta w/Cheese  
Green Beans  
1% Low Fat Milk  
Apple Sauce  
Whole Grain Roll



**16** Rosemary Chicken w/Corn Salsa  
Sweet Potatoes  
Mixed Veggies  
Banana  
1% Low Fat Milk  
Whole Grain Bread



**17** Beef Meatballs w/Teriyaki  
Jasmine Rice  
Carrot Coins  
Apple Sauce  
1% Low Fat Milk  
Whole Grain Bread



**18** Chicken w/Bolognese Sauce  
Rigatoni Pasta w/Cheese  
Broccoli  
Fruit Cup  
1% Low Fat Milk  
Whole Grain Roll



**19** Turkey Sloppy Joe  
Sweet Potatoes  
Peas & Carrots  
1% Low Fat Milk & Fruit Juice  
Whole Grain Roll



**22** Adobo Chicken Thigh  
Yellow Rice  
Broccoli  
Plantains  
1% Low Fat Milk  
Whole Grain Roll



**23** Chicken Pot Stickers  
Veggie Fried Rice  
Green Beans  
Apple Sauce  
1% Low Fat Milk  
Whole Grain Bread



**24** Kung Pao Beef  
Cilantro Basmati Rice  
Asian Vegetables  
Banana  
1% Low Fat Milk  
Whole Grain Bread



**25** Chicken Breast Marsala  
Mashed Potatoes  
Peas & Carrots  
1% Low Fat Milk & Fruit Juice  
Whole Grain Roll



**26** Pork w/Adobo Sauce  
Yucca Fries  
Mexican Corn  
Fruit Cup  
1% Low Fat Milk  
Whole Grain Roll



**29** Tequila Lime Chicken  
Bow Tie Pasta  
Broccoli  
Apple Sauce  
1% Low Fat Milk  
Whole Grain Bread



**30** Sliced Harissa Pork  
Roasted Red Potatoes  
Green Beans  
Applesauce  
1% Low Fat Milk & Fruit Juice  
Whole Grain Bread



hello SUMMER

