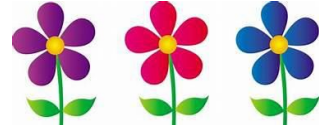


# May



2026

## ADULT DAY CARE ACTIVITIES CALENDAR-BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>RISE &amp; SHINE</b> 10- Move Your Body! 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
4	5	6	7	8
<b>RISE &amp; SHINE</b> 10- Move & Groove 11- Coffee Chat 1- Bingo Bonanza 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station	<b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- Cinco de Mayo ART 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds	<b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- Live Entertainment 2- Storytelling Session 3- White Board Challenge 4- Word Quest 5- Game Zone	<b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- Jeopardy Masters 2- Bingo Bonanza 3- Bead Majic 4- Friendly Faces Chat 5- Relaxing Rhythms	<b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Mother's Day Sip / Paint 1- Live Entertainment 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio
11	12	13	14	15
<b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- Bingo Bonanza 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station	<b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- Sing a Long 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds	<b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- Live Entertainment 2- Bounce /Score Game 3- White Board Challenge 4- Word Quest 5- Game Zone	<b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- Cupcake Flower Collage 2- Bingo Bonanza 3- Bead Majic 4- Friendly Faces Chat 5- Relaxing Rhythms	<b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Gents & Gems Club 1- Live Entertainment 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio
18	19	20	21	22
<b>RISE &amp; SHINE</b> 10- Move & Groove 11- Morning Coffee Chat 1- Bingo Bonanza 2- Sports Fusion 3- Storytelling Session 4- Golden Motion 5- Imagination Station	<b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- Sing a Long 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds	<b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- Mad Tea Party! 2- Bounce and Score 3- White Board Challenge 4- Word Quest 5- Game Zone	<b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- Jeopardy Masters 2- Bingo Bonanza 3- Bead Majic 4- Friendly Faces Chat 5- Relaxing Rhythms	<b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Gents & Gems Club 1- Memorial Day Party! 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio
25	26	27	28	29
	<b>RISE &amp; SHINE</b> 10- Historical Highlights 11- Blanca's Fitness Flow 1- Sing a Long 2- Game Masters 3- Golden Motion 4- Nature Insights 5- Soothing Sounds	<b>RISE &amp; SHINE</b> 10- Senior Strength 11- Morning Coffee Chat 1- Live Entertainment 2- Bounce and Score 3- White Board Challenge 4- Word Quest 5- Game Zone	<b>RISE &amp; SHINE</b> 10- Blanca's Fitness Flow 11- Knowledge Knockout 1- Jeopardy Masters 2- Bingo Bonanza 3- Bead Majic 4- Friendly Faces Chat 5- Relaxing Rhythms	<b>RISE &amp; SHINE</b> 10- Morning Mobility 11- Gents & Gems Club 1- Live Entertainment 2- Classic Flicks 3- Nature Insights 4- Game Masters 5- Creative Studio

