May 2025 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 **Toasted Oat Cereal** Toast w/Jelly Applesauce 1% Low Fat Milk	2 **Whole Grain Muffin** Yogurt Banana 1% Low Fat Milk
5 **Oatmeal** Whole Grain Banana Loaf Fruit Cup 1% Low Fat Milk	6 **Wheat Bran Cereal** Whole Wheat English Muffin w/Peanut Butter & Jelly 4 oz Blended Juice 1% Low Fat Milk	7 **Oatmeal** Toast w/Margarine Banana 1% Low Fat Milk	8 **Toasted Oat Cereal** Toast w/Jelly Applesauce 1% Low Fat Milk	9 **Whole Grain Muffin** Yogurt Banana 1% Low Fat Milk
12 **Oatmeal** Whole Grain Banana Loaf Fruit Cup 1% Low Fat Milk	13 **Wheat Bran Cereal** Whole Wheat English Muffin w/Peanut Butter & Jelly 4 oz Blended Juice 1% Low Fat Milk	14 **Oatmeal** Toast w/Margarine Banana 1% Low Fat Milk	15 **Toasted Oat Cereal** Toast w/Jelly Applesauce 1% Low Fat Milk	16 **Whole Grain Muffin** Yogurt Banana 1% Low Fat Milk
19 **Oatmeal** Whole Grain Banana Loaf Fruit Cup 1% Low Fat Milk	20 **Wheat Bran Cereal** Whole Wheat English Muffin w/Peanut Butter & Jelly 4 oz Blended Juice 1% Low Fat Milk	21 **Oatmeal** Toast w/Margarine Banana 1% Low Fat Milk	22 **Toasted Oat Cereal** Toast w/Jelly Applesauce 1% Low Fat Milk	23 **Whole Grain Muffin** Yogurt Banana 1% Low Fat Milk
26 	27 **Wheat Bran Cereal** Whole Wheat English Muffin w/Peanut Butter & Jelly 4 oz Blended Juice 1% Low Fat Milk	28 **Oatmeal** Toast w/Margarine Banana 1% Low Fat Milk	29 **Toasted Oat Cereal** Toast w/Jelly Applesauce 1% Low Fat Milk	30 **Whole Grain Muffin** Yogurt Banana 1% Low Fat Milk

Project Nutritionist: Pamela Ofstein MS, RD, LDN

Project Nutritionist: Pamela Ofstein MS, RD, LDN MS, RD, LDN

Date: 02/27/2025

May 2025 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 **Meatballs Marinara** Pasta Brussel Sprouts 1% Low Fat Milk & Blended Juice Whole Grain Roll	2 **Chicken Thigh w/Chicken Gravy** Garlic Mashed Potatoes Parslied Carrots 1% Low Fat Milk & Apple Juice Whole Grain Roll
5 **Breaded BBQ Chicken on a Bun** Diced Potatoes Dilled Carrots 1% Low Fat Milk & Apple Juice	6 **Penne Bolognese** Grean Beans Confetti Corn Apple Cherry Juice 1% Low Fat Milk Whole Grain Roll	7 **Chicken Thigh w/Onion Gravy** Scalloped Potatoes Peas & Carrots 1% Low Fat Milk & Blended Juice Whole Grain Roll	8 **Cobb Pasta Salad** Cucumber & Red Onion Creamy Broccoli Salad 1% Low Fat Milk & Apple Juice Whole Grain Bread	9 **Chicken Thigh w/Onion Glaze** Parslied Potatoes Mixed Veggies Blueberry Muffin 1% Low Fat Milk & Apple Cherry Juice
12 **Beef & Macaroni Casserole** Butternut Squash Cali Blend Veggies 1% Low Fat Milk & Apple Cherry Juice Whole Grain Bread	13 **Thai Ginger Curry Chicken Thigh** Brown Rice Green Beans w/Red Peppers Apple sauce 1% Low Fat Milk & Blended Juice	14 **Meatloaf w/Brown Apple Gravy** Potato Onion Souffle Cabbage & Carrots 1% Low Fat Milk & Apple Juice Whole Grain Bread	15 **Grilled Chicken Patty w/Spinach Alfredo** Yellow Squash Glazed Carrots 1% Low Fat Milk & Blended Juice Whole Grain Bread	16 **Cheeseburger on a Bun** Diced Sweet Potatoes w/Onion Country Veggie Medley 1% Low Fat Milk & Apple Juice
19 **Swedish Meatballs** Parslied Mashed Potatoes Peas & Carrots 1% Low Fat Milk & Blended Juice Whole Grain Bread	20 **Chicken Parm Casserole** Butternut Squash Confetti Corn 1% Low Fat Milk & Blended Juice Whole Grain Roll	21 **BBQ Beef Patty** Stewed Tomatoes Green Beans 1% Low Fat Milk & Apple Juice Whole Grain Roll	22 **Seasoned Chicken Thigh** Cheesy Mashed Potatoes Baked Beans 1% Low Fat Milk & Apple Cherry Juice	23 **Three Bean Beef Chili** Brown Rice Carrot Coins 1% Low Fat Milk & Apple Juice Whole Grain Roll
26 	27 **Beef Patty w/Brown Gravy** Diced Potatoes Veggie Medley 1% Low Fat Milk & Apple Cherry Whole Grain Bread	28 **Chicken Salad on a Bun** Pea & Cheese Salad Three Bean Salad Applesauce 1% Low Fat Milk	29 **Meatballs Marinara** Pasta Brussel Sprouts 1% Low Fat Milk & Blended Juice Whole Grain Roll	30 **Chicken Thigh w/Chicken Gravy** Garlic Mashed Potatoes Parslied Carrots 1% Low Fat Milk & Apple Juice Whole Grain Roll

Project Nutritionist: Pamela Ofstein MS, RD, LDN Date: 02/27/2025