

February



2025

ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Morning Celebration 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/ Men's Club 1- Silly Stories 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Musical Memories 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Chair Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	
10	11	12	13	14
Morning Celebration 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Card Creation Workshop 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Move Your Body! 11- Trivia or Art Class 1- Jeopardy 2- Valentine's Day Party! 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- TAI CHI 1- Valentine's Day Cookie Decoration 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
17	18	19	20	21
Morning Celebration 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Heart Healthy Walk 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Stretch & Flex 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- TAI CHI 1- Men's/Women's Club 2- Movie Time "Fences" 3- Nature Walk 4- Game Battles 5- Open Art
24	25	26	27	28
Morning Celebration 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/ Men's Club 1- Silly Stories 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Puzzle Party 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Live Entertainment 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art

♥ Fantabulous
FEBRUARY FUN