

February



2025

ADULT DAY CARE ACTIVITIES CALENDAR- BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminisce Activity 4- Afternoon Stretches	Morning Celebration 10- This Day in History 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Heartfelt Bingo! 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Movie Time 3- Beading Craft 4- Chat Pack 5- Relaxation Music	
10	11	12	13	14
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Craft Stations 1- Exercise w/Blanca 2- Valentine Card Workshop 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- Valentine's Day Party! 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
17	18	19	20	21
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Craft Stations 1- Exercise w/Blanca 2- Puzzle Party! 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
24	25	26	27	28
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Craft Stations 1- Exercise w/Blanca 2- Musical Memories! 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- ICE CREAM SOCIAL! 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art

♥ Fantabulous FEBRUARY FUN