

# November



2024

## ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Morning Celebration</b> 10- This Day in History 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
4	5	6	7	8
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	<b>Morning Celebration</b> 10- Current Events 11- Lady's Spa/ Men's Club 1- Silly Stories 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	<b>Morning Celebration</b> 10- Move Your Body! 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- This Day in History 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
11	12	13	14	15
	<b>Morning Celebration</b> 10- This Day in History 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	<b>Morning Celebration</b> 10- Stretch & Flex 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- Morning News 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
18	19	20	21	22
<b>Morning Celebration</b> 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	<b>Morning Celebration</b> 10- This Day in History 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	<b>Morning Celebration</b> 10- Chair Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- This Day in History 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
25	26	27	28	29
<b>Morning Celebration</b> 10- Music in the Morning 11- Exercise w/Blanca 1- Bingo 2- Thanksgiving Party 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	<b>Morning Celebration</b> 10- This Day in History 11- Lady's Spa/ Men's Club 1- Silly Stories 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	 CLOSED	 CLOSED

What's Happening