






# November 2024 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana
<b>4</b> <b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk	<b>5</b> <b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk	<b>6</b> <b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk	<b>7</b> <b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana	<b>8</b> <b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana
	<b>12</b> <b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk	<b>13</b> <b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk	<b>14</b> <b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana	<b>15</b> <b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana
<b>18</b> <b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk	<b>19</b> <b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk	<b>20</b> <b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk	<b>21</b> <b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana	<b>22</b> <b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana
<b>25</b> <b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk	<b>26</b> <b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk	<b>27</b> <b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk	<b>28</b> 	<b>29</b> 

# November 2024 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>Meatballs w/ Onion Beef Gravy</b> Parslied Mashed Potatoes Country Veggie Medley 1% Low Fat Milk & Apple Juice Whole Grain Roll
4 <b>Beef Stroganoff Casserole</b> Peas & Carrots Green Beans 1% Low Fat Milk & Apple Juice Whole Grain Bread	5 <b>Sweet &amp; Sour Meatballs</b> Yellow Squash White Rice Apple Sauce 1% Low Fat Milk & Apple Cherry Juice Whole Grain Bread	6 <b>Chicken Thigh w/ Mushroom Gravy</b> Carrots Mashed Potatoes 1% Low Fat Milk & Apple Juice Whole Grain Bread	7 <b>Pork Loin w/ Onion Gravy</b> Country Veggie Blend Butternut Squash 1% Low Fat Milk & Blended Juice Whole Grain Bread	8 <b>BBQ Grilled Chicken Patty</b> Confetti Corn Beans w/ Peppers & Onions 1% Low Fat Milk & Blended Juice Whole Grain Bread
	12 <b>Teriyaki Beef Patty</b> Gingered Brown Rice Carrot Coins Applesauce 1% Low Fat Milk & Blended Juice Whole Grain Bread	13 <b>Pork Loin w/ Apple Brown Gravy</b> Winter Veggies Broccoli 1% Low Fat Milk & Apple Juice Whole Grain Bread	14 <b>Chicken Thigh w/ Mojito Salsa</b> Black Beans Confetti Corn 1% Low Fat Milk & Apple Juice Whole Grain Bread	15 <b>Meatloaf w/ Brown Gravy</b> Mashed Potatoes Cabbage & Carrots Applesauce 1% Low Fat Milk Whole Grain Roll
18 <b>Spicy Mustard Chicken Thigh</b> Cheesy Mashed Potatoes California Veggie Blend 1% Low Fat Milk & Blended Juice Whole Grain Bread	19 <b>Pulled BBQ Pork</b> Green Beans Glazed Carrots Applesauce 1% Low Fat Milk Whole Grain Bread	20 <b>Cheeseburger on a Bun</b> Yellow Squash Country Veggie Medley 1% Low Fat Milk & Apple Juice	21 <b>Meatballs w/ Marinara Sauce</b> Pasta Broccoli 1% Low Fat Milk & Blended Juice Whole Grain Roll	22 <b>Chicken Thigh w Gravy</b> Mashed Potatoes Black Eyed Peas 1% Low Fat Milk & Apple Cherry Juice Whole Grain Bread
25 <b>Sloppy Joes on a Bun</b> Mashed Potatoes Peas & Carrots 1% Low Fat Milk & Blended Juice	26 <b>Honey Orange Chicken Thigh</b> Brown Rice Green Beans Apple sauce 1% Low Fat Milk & Apple Juice Whole Grain Bread	27 <b>Turkey w/ Gravy</b> Mashed Sweet Potatoes Green Beans 1% Low Fat Milk Blueberry Muffin Cranberry Sauce Holiday Dessert	28  <b>CLOSED</b>	29  <b>CLOSED</b>