

October



2024

ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Lady's Spa/ Men's Club</p> <p>1- Bingo</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>2</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>3</p> <p>Morning Celebration</p> <p>10- Chair Exercise</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>4</p> <p>Morning Celebration</p> <p>10- - This Day in History</p> <p>11- TAI CHI</p> <p>1- Men's/Women's Club</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
<p>7</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- Live Entertainment</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>8</p> <p>Morning Celebration</p> <p>10- Current Events</p> <p>11- Lady's Spa/ Men's Club</p> <p>1- Silly Stories</p> <p>2- Table Games/Social Time</p> <p>3- Let's Learn!</p> <p>4- Nature Talk</p> <p>5- Open Music Time</p>	<p>9</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>10</p> <p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>11</p> <p>CLOSED FOR TRAINING</p>
<p>14</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- Live Entertainment</p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p>15</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Lady's Spa/ Men's Club</p> <p>1- Sing a Long</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>16</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>17</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>18</p> <p>Morning Celebration</p> <p>10- - Morning News</p> <p>11- TAI CHI</p> <p>1- Men's/Women's Club</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
<p>21</p> <p>Morning Celebration</p> <p>10- Music in the Morning</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- Live Entertainment</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>22</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Lady's Spa/ Men's Club</p> <p>1- Sing a Long</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>23</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events</p> <p>2- Reminisce Activity</p> <p>3- White Board Games</p> <p>4- Nature Talk</p> <p>5- Relaxation Music</p>	<p>24</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>25</p> <p>Morning Celebration</p> <p>10- Virtual Museum- Nebraska History Museum</p> <p>11- TAI CHI</p> <p>1- Men's/Women's Club</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
<p>28</p> <p>Morning Celebration</p> <p>10- Music in the Morning</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- Live Entertainment</p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p>29</p> <p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Lady's Spa/ Men's Club</p> <p>1- Silly Stories</p> <p>2- - Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>30</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>31</p> <p>Morning Celebration</p> <p>10- Chair Exercise</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Halloween Party!</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	

