

October



2024

ADULT DAY CARE ACTIVITIES CALENDAR-BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Celebration 10- This Day in History 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
7	8	9	10	11
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Exercise w/Blanca 1- Craft Stations 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	CLOSED FOR <u>TRAINING</u>
14	15	16	17	18
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Exercise w/Blanca 1- Craft Stations 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Spooky Day Party! 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
21	22	23	24	25
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- This Day in History 11- Exercise w/Blanca 1- Craft Stations 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Live Entertainment 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum- Nebraska History Museum 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
28	29	30	31	
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Exercise w/Blanca 1- Craft Stations 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Halloween Party! 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	

