





# September 2024 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>2</b></p>	<p><b>3</b></p> <p><b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk</p>	<p><b>4</b></p> <p><b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk</p>	<p><b>5</b></p> <p><b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana</p>	<p><b>6</b></p> <p><b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana</p>
<p><b>9</b></p> <p><b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk</p>	<p><b>10</b></p> <p><b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk</p>	<p><b>11</b></p> <p><b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk</p>	<p><b>12</b></p> <p><b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana</p>	<p><b>13</b></p> <p><b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana</p>
<p><b>16</b></p> <p><b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk</p>	<p><b>17</b></p> <p><b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk</p>	<p><b>18</b></p> <p><b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk</p>	<p><b>19</b></p> <p><b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana</p>	<p><b>20</b></p> <p><b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana</p>
<p><b>23</b></p> <p><b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk</p>	<p><b>24</b></p> <p><b>Toast w/Peanut Butter</b> Flavored Yogurt 4 oz Apple Juice 1% Low Fat Milk</p>	<p><b>25</b></p> <p><b>Apple Cinnamon Muffin</b> Toast w/Margarine Oatmeal Blended Juice 1% Low Fat Milk</p>	<p><b>26</b></p> <p><b>All Bran Cereal</b> Toast w/Peanut Butter 1% Low Fat Milk Banana</p>	<p><b>27</b></p> <p><b>Toast w/Peanut Butter</b> Oatmeal Apple Juice 1% Low Fat Milk Banana</p>
<p><b>30</b></p> <p><b>Toasted Oat Cereal</b> Toast w/Peanut Butter Applesauce 1% Low Fat Milk</p>				<p><b>HAPPY FALL Y'ALL</b></p>

# September 2024 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 <b>Lemon Pepper Chicken</b> Scalloped Potatoes Veggie Medley 1% Low Fat Milk & Blended Juice Whole Grain Bread	4 <b>Penne Bolognese</b> Carrot Coins Winter Veggie Medley 1% Low Fat Milk & Apple Cherry Juice Whole Grain Bread	5 <b>Pineapple Chicken Thigh</b> Green Beans Cabbage & Carrots 1% Low Fat Milk & Apple Juice Whole Grain Bread	6 <b>Meatballs w/ Onion Beef Gravy</b> Mashed Potatoes California Blend Veggies 1% Low Fat Milk & Blended Juice Whole Grain Bread
9 <b>Chicken Sandwich on a Bun</b> Peas & Carrots Butternut Squash 1% Low Fat Milk & Apple Juice Whole Grain Bread	10 <b>Pulled Pork w/ BBQ Sauce</b> Northern Beans w/ Peppers & Onions Cheesy Mashed Potatoes 1% Low Fat Milk & Apple Juice Whole Grain Bread	11 <b>Meatballs w/ Spicy Mustard Sauce</b> California Blend Veggies Stewed Tomatoes 1% Low Fat Milk & Apple Juice Whole Grain Bread	12 <b>Seasoned Chicken Thigh</b> Country Veggie Blend Mashed Potatoes 1% Low Fat Milk & Blended Juice Whole Grain Bread	13 <b>Meatloaf w/ Apple Brown Gravy</b> Green Beans Glazed Carrots 1% Low Fat Milk & Apple Juice Whole Grain Bread
16 <b>Salisbury Patty w/ Brown Gravy</b> Zucchini & Onions Carrot Coins 1% Low Fat Milk & Apple Juice Whole Grain Bread	17 <b>Chicken Thigh w/ Thai Ginger Curry</b> California Blend Veggies Green Beans 1% Low Fat Milk & Blended Juice Whole Grain Bread	18 <b>Meatballs Marinara</b> Pasta Peas & Carrots 1% Low Fat Milk & Apple Juice Whole Grain Bread	19 <b>Apple Glazed Pork Loin</b> Mashed Potatoes Veggie Medley 1% Low Fat Milk & Blended Juice Whole Grain Bread	20 <b>Three Bean Beef Chili</b> Confetti Corn Brown Rice 1% Low Fat Milk & Apple Juice Whole Grain Roll
23 <b>Meatballs w/ BBQ Sauce</b> Glazed Carrots Winter Veggie Blend 1% Low Fat Milk & Blended Juice Whole Grain Bread	24 <b>Honey Mustard Chicken Thigh</b> Beans w/ Peppers & Onions Veggie Medley 1% Low Fat Milk & Apple Cherry Juice Whole Grain Bread	25 <b>Hamburger on a Bun</b> Mashed Potatoes Confetti Corn 1% Low Fat Milk & Apple Juice	26 <b>Chicken Thigh w/ Marinara Sauce</b> Green Beans Butternut Squash 1% Low Fat Milk & Blended Juice Whole Grain Roll	27 <b>Meat Loaf w/ Brown Gravy</b> Cheesy Mashed Potatoes Peas & Carrots 1% Low Fat Milk & Apple Juice Whole Grain Bread
30 <b>Beef Tacos</b> Black Beans Confetti Corn 1% Low Fat Milk & Apple Juice				<b>HAPPY FALL Y'ALL</b>