

June



2024

ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Pictionary 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Arts & Crafts 3- ZUMBA 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Chair Exercise 11- Name That Song 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
10	11	12	13	FLAG DAY 14
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Charades 2- Purple Party! 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Morning News 11- Lady's Spa/Men's Club 1- Silly Stories 2- Table Games/Social Time 3- Afternoon Stretches 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Name That Song 2- Arts & Crafts 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Taboo 2- Father's Day Party! 3- Word Within a Word 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
17	18	19	20	SUMMER SOLSTICE 21
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Defy Gravity 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Pictionary 3- Chair Yoga 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
24	25	26	27	28
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Smile Toss 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Name That Song 2- Brain Games 3- Strength Training 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Taboo 2- Ice Cream Social 3- Word Within a Word 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum-National Portrait Gallery 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art

