



## 2024

## ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Morning Celebration	Morning Celebration	Morning Celebration
		10- Stretch & Flex	10- Chair Exercise	10 Move Your Body!
		11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
		1- Current Events	1- Jeopardy	1- TAI CHI
		2- Brain Games	2- Live Entertainment	2- Movie Time
6	ELE IEL	3- White Board Games	3- Beading Craft	3- Nature Walk
		4- Word Wheel	4-Chat Pack	4- Game Battles
_		5- Open Game Play	5- Relaxation Music	5- Open Art
6	7	8	9	10
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- Morning News	10- Stretch & Flex	10- Music & Muscle Exercise	10-Move Your Body!
Exercise	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	1- Travel Talk	1- Current Events	1- Jeopardy	1- TAI CHI
1- Bingo	2 Table Games/Social	2- Reminisce Activity	2- MOTHER'S DAY	2- Movie Time
2 Live Entertainment	Time	3- White Board Games	PARTY!	3- Play Ball!
3-You Be the Judge	3- Afternoon Stretches	4- Nature Talk	3- Beading Craft	4- Nature Walk
4- Word Wheel	4- Trivia Time	5- Relaxation Music	4-Chat Pack	5- <b>Open Art</b>
5- Open Art	5- Open Game Play	Mix & Match Day!	5- Relaxation Music	
13	14	15	16	17
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- This Day in History	10- Stretch & Flex	10- Music & Muscle Exercise	10 Move Your Body!
Exercise	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	1- Travel Talk	1- Current Events	1- Jeopardy	1- TAI CHI
1- Bingo	2- Table Games/Social Time	2- Brain Games	2- Live Entertainment	2- Movie Time
2- Live Entertainment	3- Afternoon Stretches	3- White Board Games	3- Beading Craft	3- Nature Walk
3- Reminisce Activity	4- Nature Talk	4- Word Wheel	4-Chat Pack	4- Game Battles
4- Afternoon Stretches	5- Open Music	5- Open Game Play	5- Relaxation Music	5- Open Art
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20	21	22	23 Morning Celebration	24 Morning Celebration
Morning Celebration	Morning Celebration	Morning Celebration	10- Music & Muscle Exercise	10- Move Your Body!
10- Music & Muscle Exercise	10-Current Events	10- Stretch & Flex	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	1- Jeopardy	1- TAI CHI
1- Bingo	1- Travel Talk	1- Current Events		2- Movie Time
2- Live Entertainment	2- Table Games/Social Time	2- Brain Games	2- MEMORIAL DAY	
	3- Let's Learn!	3- White Board Games	PARTY!	<ul><li>3- Nature Walk</li><li>4- Game Battles</li></ul>
3-You Be the Judge 4- Word Wheel	4- Nature Talk	4- Word Wheel	3- Beading Craft	5- Open Art
5- Open Art	5- Open Music Time	5- Open Game Play	4-Chat Pack	5- Open Ait
		20	5- Relaxation Music	24
27	28 Morning Celebration	29 Morning Celebration	30 Morning Celebration	31 Morning Celebration
			morning celebration	10- Virtual Museum-
	-	-	10- Music & Muscle Exercise	
CLOSED	10- This Day in History	10- Stretch & Flex	10- Music & Muscle Exercise	
CLOSED	10- This Day in History 11- Lady's Spa/Men's Club	10- Stretch & Flex 11- Coffee Shoppe Club	11- Trivia or Art Class	Museum of Design
FOR	10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk	10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events	11- Trivia or Art Class 1- Jeopardy	
MEMORIAL	<ul> <li>10- This Day in History</li> <li>11- Lady's Spa/Men's Club</li> <li>1- Travel Talk</li> <li>2- Table Games/Social Time</li> </ul>	<ul> <li>10- Stretch &amp; Flex</li> <li>11- Coffee Shoppe Club</li> <li>1- Current Events</li> <li>2- Brain Games</li> </ul>	11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment	Museum of Design 11- Men's/Women's Club 1- TAI CHI
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