




# May



# 2024

## ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	2 Morning Celebration 10- Chair Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4-Chat Pack 5- Relaxation Music	3 Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
6	7	8	9	10
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3-You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Morning News 11- Lady's Spa/Men's Club 1- Travel Talk 2- - Table Games/Social Time 3- Afternoon Stretches 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music Mix & Match Day!	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Jeopardy 2- MOTHER'S DAY PARTY! 3- Beading Craft 4-Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5-Open Art
13	14	15	16	17
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4-Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
20	21	22	23	24
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3-You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10-Current Events 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Jeopardy 2- MEMORIAL DAY PARTY! 3- Beading Craft 4-Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
27	28	29	30	31
	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Music & Muscle Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4-Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum- Museum of Design 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art Sports Team Day!

