



2024

ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Morning Celebration	Morning Celebration	Morning Celebration
		10- Stretch & Flex	10- Chair Exercise	10 Move Your Body!
		11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
		1- Current Events	1- Jeopardy	1- TAI CHI
		2- Brain Games	2- Live Entertainment	2- Movie Time
6	ELE IEL	3- White Board Games	3- Beading Craft	3- Nature Walk
		4- Word Wheel	4-Chat Pack	4- Game Battles
_		5- Open Game Play	5- Relaxation Music	5- Open Art
6	7	8	9	10
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- Morning News	10- Stretch & Flex	10- Music & Muscle Exercise	10-Move Your Body!
Exercise	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	1- Travel Talk	1- Current Events	1- Jeopardy	1- TAI CHI
1- Bingo	2 Table Games/Social	2- Reminisce Activity	2- MOTHER'S DAY	2- Movie Time
2 Live Entertainment	Time	3- White Board Games	PARTY!	3- Play Ball!
3-You Be the Judge	3- Afternoon Stretches	4- Nature Talk	3- Beading Craft	4- Nature Walk
4- Word Wheel	4- Trivia Time	5- Relaxation Music	4-Chat Pack	5- Open Art
5- Open Art	5- Open Game Play	Mix & Match Day!	5- Relaxation Music	
13	14	15	16	17
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- This Day in History	10- Stretch & Flex	10- Music & Muscle Exercise	10 Move Your Body!
Exercise	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	1- Travel Talk	1- Current Events	1- Jeopardy	1- TAI CHI
1- Bingo	2- Table Games/Social Time	2- Brain Games	2- Live Entertainment	2- Movie Time
2- Live Entertainment	3- Afternoon Stretches	3- White Board Games	3- Beading Craft	3- Nature Walk
3- Reminisce Activity	4- Nature Talk	4- Word Wheel	4-Chat Pack	4- Game Battles
4- Afternoon Stretches	5- Open Music	5- Open Game Play	5- Relaxation Music	5- Open Art
5- Open Art				
20	21	22	23 Morning Celebration	24 Morning Celebration
Morning Celebration	Morning Celebration	Morning Celebration	10- Music & Muscle Exercise	10- Move Your Body!
10- Music & Muscle Exercise	10-Current Events	10- Stretch & Flex	11- Trivia or Art Class	11- Men's/Women's Club
11- Exercise w/Blanca	11- Lady's Spa/Men's Club	11- Coffee Shoppe Club	1- Jeopardy	1- TAI CHI
1- Bingo	1- Travel Talk	1- Current Events		2- Movie Time
2- Live Entertainment	2- Table Games/Social Time	2- Brain Games	2- MEMORIAL DAY	
	3- Let's Learn!	3- White Board Games	PARTY!	3- Nature Walk4- Game Battles
3-You Be the Judge 4- Word Wheel	4- Nature Talk	4- Word Wheel	3- Beading Craft	5- Open Art
5- Open Art	5- Open Music Time	5- Open Game Play	4-Chat Pack	5- Open Ait
		20	5- Relaxation Music	24
27	28 Morning Celebration	29 Morning Celebration	30 Morning Celebration	31 Morning Celebration
			morning celebration	10- Virtual Museum-
	-	-	10- Music & Muscle Exercise	
CLOSED	10- This Day in History	10- Stretch & Flex	10- Music & Muscle Exercise	
CLOSED	10- This Day in History 11- Lady's Spa/Men's Club	10- Stretch & Flex 11- Coffee Shoppe Club	11- Trivia or Art Class	Museum of Design
FOR	10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk	10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events	11- Trivia or Art Class 1- Jeopardy	
MEMORIAL	 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 	 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 	11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment	Museum of Design 11- Men's/Women's Club 1- TAI CHI
FOR	 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 	 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 	 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 	<mark>Museum of Design</mark> 11- Men's/Women's Club 1- TAI CHI 2- Movie Time
MEMORIAL	 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 	 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 	 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4-Chat Pack 	Museum of Design 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk
MEMORIAL	 10- This Day in History 11- Lady's Spa/Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 	 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 	 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 	Museum of Design 11- Men's/Women's Club 1- TAI CHI 2- Movie Time

