



2023

## ADULT DAY CARE ACTIVITIES CALENDAR-BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
·	·	1	2	3
		Morning Celebration	Morning Celebration	Morning Celebration
		10- Stretch & Flex	10- Exercise w/Blanca	10Move Your Body!
		11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
		1- Live Entertainment	1- Jeopardy	1- Live Entertainment
	P. F. J. T.	2- Brain Games	2- Bingo	2- Movie Time
	PPITE	3- White Board Games	3- Beading Craft	3- Nature Walk
		4- Word Wheel	4-Chat Pack	4- Game Battles
		5- Open Game Play	5- Relaxation Music	5- Open Art
6	7	8	9	10
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- Morning News	10- Stretch & Flex	10- Exercise w/Blanca	10-Move Your Body!
Exercise	11- Craft Stations	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Coffee Shoppe Club	1- Exercise w/Blanca	1- Live Entertainment	1- Jeopardy	1- MOTHER'S DAY
1- Bingo	2 Table Games/Social	2- Reminisce Activity	2- Bingo	CELEBRATION!
2- Armchair Travel	Time	3- White Board Games	3- Beading Craft	2- Movie Time
3-You Be the Judge	3- Afternoon Stretches	4- Nature Talk	4-Chat Pack	3- Play Ball!
4- Word Wheel	4- Trivia Time	5- Relaxation Music	5- Relaxation Music	4- Nature Walk
5- Open Art	5- Open Game Play	MIX & MATCH DAY!		5-Open Art
13	14	15	16	17
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration
10- Music & Muscle	10- This Day in History	10- Stretch & Flex	10- Exercise w/Blanca	10Move Your Body!
Exercise	11- Craft Stations	11- Coffee Shoppe Club	11- Trivia or Art Class	11- Men's/Women's Club
11- Coffee Shoppe Club	1- Exercise w/Blanca	1- Live Entertainment	1- Jeopardy	1- Men's/Women's Club
1- Bingo	2- Table Games/Social Time	2- Brain Games	2- Bingo	2- Movie Time
2- Armchair Travel	3- Afternoon Stretches	3- White Board Games	3- Beading Craft	3- Nature Walk
3- Reminisce Activity	4- Nature Talk	4- Word Wheel	4-Chat Pack	4- Game Battles
4- Afternoon Stretches	5- Open Music	5- Open Game Play	5- Relaxation Music	5- Open Art
5- Open Art		- '		
20	21	22	Marring Calabratian	Marning Calabration
Morning Celebration	Morning Celebration	Morning Celebration	Morning Celebration  10- Exercise w/Blanca	Morning Celebration 10- Move Your Body!
10- Music & Muscle	10-Current Events	10- Stretch & Flex	11- Trivia or Art Class	11- Men's/Women's Club
Exercise	11- Craft Stations	11- Coffee Shoppe Club		
11- Coffee Shoppe Club	1- Exercise w/Blanca	1- Live Entertainment	1- Jeopardy	1- MEMORIAL DAY PARTY!
1- Bingo 2- Armchair Travel	2- Table Games/Social Time	2- Brain Games	2- Bingo	
	3- Let's Learn!	3- White Board Games	3- Beading Craft	2- Movie Time
3-You Be the Judge	4- Nature Talk	4- Word Wheel	4-Chat Pack	3- Nature Walk
4- Word Wheel	5- Open Music Time	5- Open Game Play	5- Relaxation Music	4- Game Battles
5- Open Art				5- Open Art
	-0			SPORTS TEAM DAY!
27	28 Morning Celebration	Marriag Calabration	30 Morning Celebration	Morning Celebration
· ·	10- This Day in History	Morning Celebration	10- Exercise w/Blanca	10 Virtual Museum-
CLOSED	11- Craft Stations	10- Stretch & Flex	11- Trivia or Art Class	Museum of Design
FOR	1- Exercise w/Blanca	11- Coffee Shoppe Club	1- Jeopardy	11- Men's/Women's Club
	2- Table Games/Social Time	1- Live Entertainment	2- Bingo	1- Live Entertainment
MEMORIAL	3- Afternoon Stretches	2- Brain Games	3- Beading Craft	2- Movie Time
DAY	-	3- White Board Games	_	3- Nature Walk
	4- Nature Talk	4- Word Wheel	4-Chat Pack	4- Game Battles
	5- Open Music	5- Open Game Play	5- Relaxation Music	5- Open Art
				2- Open Air

