

# April 2024



## ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	<b>Morning Celebration</b> 10- Music & Muscle Exercise 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	<b>Morning Celebration</b> 10- Chair Exercise 11- Trivia or Art Class 1- Live Entertainment 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- -Move Your Body! 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	<b>Morning Celebration</b> 10- Music & Muscle Exercise 11- Lady's Spa/ Men's Club 1- Sing a Long 2- - Table Games/Social Time 3- Afternoon Stretches 4- Trivia Time	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	<b>Morning Celebration</b> 10- Move Your Body 11- Trivia or Art Class 1- Live Entertainment 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- Move Your Body! 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	<b>Morning Celebration</b> 10- Music & Muscle Exercise 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	<b>Morning Celebration</b> 10- Chair Exercise 11- Trivia or Art Class 1- Live Entertainment 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- -Move Your Body! 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- EARTH DAY PARTY! 3- You Be the Judge 4- Word Wheel 5- Open Art	<b>Morning Celebration</b> 10- Music & Muscle Exercise 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	<b>Morning Celebration</b> 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	<b>Morning Celebration</b> 10- Stretch & Flex 11- Trivia or Art Class 1- Live Entertainment 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	<b>Morning Celebration</b> 10- Virtual Museum- National Air and Space Museum 11- TAI CHI 1- Men's/Women's Club 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
<b>29</b>	<b>30</b>			
<b>Morning Celebration</b> 10- This Day in History 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	<b>Morning Celebration</b> 10- Music & Muscle Exercise 11- Lady's Spa/ Men's Club 1- Sing a Long 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music			

