

September



2023

ADULT DAY CARE ACTIVITIES CALENDAR-DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
				Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
4	5	6	7	8
	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
11	12	13	14	15
Morning Celebration 10- Sing a Long 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	CLOSED 
18	19	20	21	22
Morning Celebration 10- Sing a Long 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
25	26	27	28	29
Morning Celebration 10- Sing a Long 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/Men's Club 1- Bingo 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events 2- Reminisce Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum-George Washington's Mount Vernon 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art

