

# September



2023

## ADULT DAY CARE ACTIVITIES CALENDAR-BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b>Morning Celebration</b></p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
4	5	6	7	8
	<p><b>Morning Celebration</b></p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p><b>Morning Celebration</b></p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p><b>Morning Celebration</b></p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p><b>Morning Celebration</b></p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
11	12	13	14	15
<p><b>Morning Celebration</b></p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p><b>Morning Celebration</b></p> <p>10- Current Events</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Let's Learn!</p> <p>4- Nature Talk</p> <p>5- Open Music Time</p>	<p><b>Morning Celebration</b></p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p><b>Morning Celebration</b></p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p><b>CLOSED</b></p> 
18	19	20	21	22
<p><b>Morning Celebration</b></p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p><b>Morning Celebration</b></p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p><b>Morning Celebration</b></p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p><b>Morning Celebration</b></p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p><b>Morning Celebration</b></p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
25	26	27	28	29
<p><b>Morning Celebration</b></p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p><b>Morning Celebration</b></p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p><b>Morning Celebration</b></p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Reminisce Activity</p> <p>3- White Board Games</p> <p>4- Nature Talk</p> <p>5- Relaxation Music</p>	<p><b>Morning Celebration</b></p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p><b>Morning Celebration</b></p> <p>10- Virtual Museum-George Washington's Mount Vernon</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>

