

April 2023



ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminiscence Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/ Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
10	11	12	13	14
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Morning News 11- Lady's Spa/ Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Reminiscence Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
17	18	19	20	21
Morning Celebration 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- Reminiscence Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Lady's Spa/ Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- EARTH DAY PARTY! 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- -Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
24	25	26	27	28
Morning Celebration ADC WILL OPEN AT 10AM 10- Music & Muscle Exercise 11- Exercise w/Blanca 1- Bingo 2- Live Entertainment 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Lady's Spa/ Men's Club 1- Travel Talk 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Current Events w/Eric 1- Live Entertainment 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Exercise w/Blanca 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum-Rhode Island School of Design Museum-Providence, RI 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art

