

# March

2023

## ADULT DAY CARE ACTIVITIES CALENDAR- BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Reminisce Activity</p> <p>3- White Board Games</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Word Wheel</p> <p>4- Reminisce Activity</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
6	7	8	9	10
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
13	14	15	16	17
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- Morning News</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Reminisce Activity</p> <p>3- White Board Games</p> <p>4- Nature Talk</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- St. Patty's Day Party!</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
20	21	22	23	24
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
27	28	29	30	31
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Coffee Shoppe Club</p> <p>1- Bingo</p> <p>2- Armchair Travel</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- Current Events</p> <p>11- Craft Stations</p> <p>1- Exercise w/Blanca</p> <p>2- Table Games/Social Time</p> <p>3- Let's Learn!</p> <p>4- Nature Talk</p> <p>5- Open Music Time</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Live Entertainment</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Exercise w/Blanca</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Bingo</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Virtual Museum-JFK LIBRARY and MUSEUM- BOSTON, MA</p> <p>11- Men's/Women's Club</p> <p>1- Live Entertainment</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>

