

# December

2022

## ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Morning Celebration</p> <p>10- Guided Meditation</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Things That Go Together</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- TAI CHI</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
5	6	7	8	9
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- LIVE ENTERTAINMNT</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- Brain Games</p> <p>11- Craft Stations</p> <p>1- Travel Talk</p> <p>2- Table Games/Social Time</p> <p>3- Let's Learn!</p> <p>4- Nature Talk</p> <p>5- Open Music Time</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events w/Eric</p> <p>2- Reminiscence Activity</p> <p>3- White Board Games</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Chair Exercise</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Word Wheel</p> <p>4- Reminiscence Activity</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Men's/Women's Club</p> <p>1- TAI CHI</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>
12	13	14	15	16
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- LIVE ENTERTAINMNT</p> <p>3- Reminiscence Activity</p> <p>4- Afternoon Stretches</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- This Day in History</p> <p>11- Craft Stations</p> <p>1- Travel Talk</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Nature Talk</p> <p>5- Open Music</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events w/Eric</p> <p>2- Brain Games</p> <p>3- White Board Games</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Guided Meditation</p> <p>11- Trivia or Art Class</p> <p>1- Jeopardy</p> <p>2- Live Entertainment</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Virtual Museum</p> <p>11- Men's/Women's Club</p> <p>1- TAI CHI</p> <p>2- Movie Time</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
19	20	21	22	23
<p>Morning Celebration</p> <p>10- Music &amp; Muscle Exercise</p> <p>11- Exercise w/Blanca</p> <p>1- Bingo</p> <p>2- LIVE ENTERTAINMNT</p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>Morning Celebration</p> <p>10- Morning News</p> <p>11- Craft Stations</p> <p>1- Travel Talk</p> <p>2- Table Games/Social Time</p> <p>3- Afternoon Stretches</p> <p>4- Trivia Time</p> <p>5- Open Music</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events w/Eric</p> <p>2- Reminiscence Activity</p> <p>3- White Board Games</p> <p>4- Nature Talk</p> <p>5- Relaxation Music</p>	<p>Morning Celebration</p> <p>10- Guided Meditation</p> <p>11- Trivia or Art Class</p> <p>1- BINGO</p> <p>2- UGLY SWEATER PARTY!</p> <p>3- Beading Craft</p> <p>4- Chat Pack</p> <p>5- Relaxation Music</p>	
26	27	28	29	30
	<p>Morning Celebration</p> <p>10- Current Events</p> <p>11- Craft Stations</p> <p>1- TAI CHI</p> <p>2- Table Games/Social Time</p> <p>3- Let's Learn!</p> <p>4- Nature Talk</p> <p>5- Open Music Time</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- Coffee Shoppe Club</p> <p>1- Current Events w/Eric</p> <p>2- Afternoon Stretches</p> <p>3- White Board Games</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Stretch &amp; Flex</p> <p>11- White Board Games</p> <p>1- Jeopardy</p> <p>2- Happy New Year Party!</p> <p>3- Beading Craft</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Virtual Museum-LBJ Presidential Library</p> <p>1- Men's/Women's Club</p> <p>2- Movie Time</p> <p>3- Play Ball!</p> <p>4- Nature Walk</p> <p>5- Open Art</p>

