

# November

2022

## ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<b>Morning Celebration</b> 10-Current Events 11- <b>Craft Stations</b> 1- <b>Travel Talk</b> 2- <b>Table Games/Social Time</b> 3- Let's Learn! 4- <b>Nature Talk</b> 5- <b>Open Music Time</b>	<b>Morning Celebration</b> 10- <b>Stretch &amp; Flex</b> 11- <b>Coffee Shoppe Club</b> 1- <b>Current Events w/Eric</b> 2- Afternoon Stretches 3- <b>White Board Games</b> 4- Trivia Time 5- <b>Open Game Play</b>	<b>Morning Celebration</b> 10-Guided Meditation 11- <b>Trivia or Art Class</b> 1- Jeopardy 2- <b>Live Entertainment</b> 3- Beading Craft 4- Things That Go Together 5- <b>Relaxation Music</b>	<b>Morning Celebration</b> 10-Move Your Body! 11- <b>Men's/Women's Club</b> 1- <b>TAI CHI</b> 2- <b>Movie Time</b> 3- Play Ball! 4- <b>Nature Walk</b> 5-Open Art
7	8	9	10	11
<b>Morning Celebration</b> 10- <b>Music &amp; Muscle Exercise</b> 11- <b>Exercise w/Blanca</b> 1- Bingo 2- <b>LIVE ENTERTAINMENT</b> 3-You Be the Judge 4- Word Wheel 5- <b>Open Art</b>	<b>Morning Celebration</b> 10- Brain Games 11- <b>Craft Stations</b> 1- <b>Travel Talk</b> 2- <b>Table Games/Social Time</b> 3- Let's Learn! 4- <b>Nature Talk</b> 5- <b>Open Music Time</b>	<b>Morning Celebration</b> 10- Stretch & Flex 11- <b>Coffee Shoppe Club</b> 1- <b>Current Events w/Eric</b> 2- Reminisce Activity 3- <b>White Board Games</b> 4- Trivia Time 5- <b>Open Game Play</b>	<b>Morning Celebration</b> 10- Chair Exercise 11- <b>Trivia or Art Class</b> 1- Jeopardy 2- <b>Live Entertainment</b> 3- Word Wheel 4- Reminisce Activity 5- <b>Relaxation Music</b>	
14	15	16	17	18
<b>Morning Celebration</b> 10- <b>Music &amp; Muscle Exercise</b> 11- <b>Exercise w/Blanca</b> 1- <b>Bingo</b> 2- <b>LIVE ENTERTAINMENT</b> 3- Reminisce Activity 4- Afternoon Stretches 5- <b>Open Art</b>	<b>Morning Celebration</b> 10- This Day in History 11- <b>Craft Stations</b> 1- <b>Travel Talk</b> 2- <b>Table Games/Social Time</b> 3- Afternoon Stretches 4- <b>Nature Talk</b> 5- <b>Open Music</b>	<b>Morning Celebration</b> 10- <b>Stretch &amp; Flex</b> 11- <b>Coffee Shoppe Club</b> 1- <b>Current Events w/Eric</b> 2- Brain Games 3- <b>White Board Games</b> 4- Word Wheel 5- <b>Open Game Play</b>	<b>Morning Celebration</b> 10- Guided Meditation 11- <b>Trivia or Art Class</b> 1- Jeopardy 2- <b>Live Entertainment</b> 3- Beading Craft 4-Chat Pack 5- <b>Relaxation Music</b>	<b>Morning Celebration</b> 10- This Day in History 11- <b>Men's/Women's Club</b> 1- <b>TAI CHI</b> 2- <b>Movie Time</b> 3- <b>Nature Walk</b> 4- Game Battles 5- <b>Open Art</b>
21	22	23	24	25
<b>Morning Celebration</b> 10- <b>Music &amp; Muscle Exercise</b> 11- <b>Exercise w/Blanca</b> 1- <b>Bingo</b> 2- <b>LIVE ENTERTAINMENT</b> 3-You Be the Judge 4- Word Wheel 5- <b>Open Art</b>	<b>Morning Celebration</b> 10- Morning News 11- <b>Craft Stations</b> 1- <b>Travel Talk</b> 2- <b>Table Games/Social Time</b> 3- Afternoon Stretches 4- Trivia Time 5- <b>Open Music</b>	<b>Morning Celebration</b> 10- Stretch & Flex 11- <b>Coffee Shoppe Club</b> 1- <b>Current Events w/Eric</b> 2- Reminisce Activity 3- <b>White Board Games</b> 4- <b>Nature Talk</b> 5- <b>Relaxation Music</b>		
28	29	30		
<b>Morning Celebration</b> 10- <b>Music &amp; Muscle Exercise</b> 11- <b>Exercise w/Blanca</b> 1- <b>Bingo</b> 2- <b>LIVE ENTERTAINMENT</b> 3-You Be the Judge 4- Word Wheel 5- <b>Open Art</b>	<b>Morning Celebration</b> 10-Current Events 11- <b>Craft Stations</b> 1- <b>Travel Talk</b> 2- <b>Table Games/Social Time</b> 3- Let's Learn! 4- <b>Nature Talk</b> 5- <b>Open Music Time</b>	<b>Morning Celebration</b> 10- <b>Stretch &amp; Flex</b> 11- <b>Coffee Shoppe Club</b> 1- <b>Current Events w/Eric</b> 2- Afternoon Stretches 3- <b>White Board Games</b> 4- Trivia Time 5- <b>Open Game Play</b>		

