

November

2022

ADULT DAY CARE ACTIVITIES CALENDAR- BOCA



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Morning Celebration 10- Current Events 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Music w/ Max Green 2- Afternoon Stretches 3- White Board Games 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Guided Meditation 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Things That Go Together 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Play Ball! 4- Nature Walk 5- Open Art
7	8	9	10	11
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Brain Games 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Music w/ Max Green 2- Reminiscence Activity 3- White Board Games 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Chair Exercise 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Word Wheel 4- Reminiscence Activity 5- Relaxation Music	
14	15	16	17	18
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- Reminiscence Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- This Day in History 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Afternoon Stretches 4- Nature Talk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Music w/ Max Green 2- Brain Games 3- White Board Games 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Guided Meditation 11- Trivia or Art Class 1- Jeopardy 2- Bingo 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Virtual Museum 11- Men's/Women's Club 1- Live Entertainment 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
21	22	23	24	25
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Live Entertainment 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Morning News 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Afternoon Stretches 4- Trivia Time 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- THANKSGIVING PARTY! 2- Reminiscence Activity 3- White Board Games 4- Nature Talk 5- Relaxation Music		
28	29	30		
Morning Celebration 10- Music & Muscle Exercise 11- Coffee Shoppe Club 1- Bingo 2- Armchair Travel 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Current Events 11- Craft Stations 1- Exercise w/Blanca 2- Table Games/Social Time 3- Let's Learn! 4- Nature Talk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Music w/ Max Green 2- Afternoon Stretches 3- White Board Games 4- Trivia Time 5- Open Game Play		

