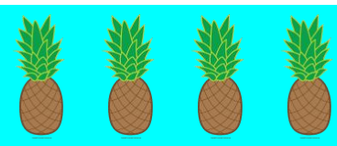
August



2022

ADULT DAY CARE ACTIVITIES CALENDAR- DELRAY

Monday	Tuesday	Wednesday	Thursday	Friday
1 Morning Celebration 10- Music & Muscle Exercise 11- Armchair Travel 1- Bingo 2- Music w/ Max Green 3-You Be the Judge 4- Word Wheel 5- Open Art	2 Morning Celebration 10-Current Events 11- Craft Stations 1-Table Games/Social Time 2- Travel Talk 3- Let's Learn! 4- Nature Talk 5- Open Music Time	3 Morning Celebration 10-Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Afternoon Stretches 3-Spanish 101 4- Trivia Time 5-Open Game Play	4 Morning Celebration 10-Guided Meditation 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3-Beading Craft 4- Things That Go Together 5-Relaxation Music	5 Morning Celebration 10-Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Play Ball! 4- Nature Walk 5-Open Art
8 Morning Celebration 10- Music & Muscle Exercise 11- Armchair Travel 1- Bingo 2- Music w/ Max Green 3-You Be the Judge 4- Word Wheel 5- Open Art	9 Morning Celebration 10- Brain Games 11- Craft Stations 1- Table Games/Social Time 2- Travel Talk 3- Let's Learn! 4- Nature Talk 5- Open Music Time	10 Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Reminisce Activity 3- Spanish 101 4- Trivia Time 5- Open Game Play	11 Morning Celebration 10- Chair Exercise 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Word Wheel 4- Reminisce Activity 5- Relaxation Music	12 Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3-Name That Tune 4-Brain Games 5- Open Art
15 Morning Celebration 10- Music & Muscle Exercise 11- Armchair Travel 1- Bingo 2- Music w/ Max Green 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	16 Morning Celebration 10- This Day in History 11- Craft Stations 1- Table Games/Social Time 2- Travel Talk 3- Afternoon Stretches 4- Nature Talk 5- Open Music	17 Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Brain Games 3- Spanish 101 4- Word Wheel 5- Open Game Play	18 Morning Celebration 10- Guided Meditation 11- Trivia or Art Class 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4-Chat Pack 5- Relaxation Music	19 Morning Celebration 10- Move Your Body! 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Reminisce Activity 4-Sing a Long 5- Open Art
22 Morning Celebration 10- Music & Muscle Exercise 11- Armchair Travel 1- Bingo 2- Music w/ Karen 3-You Be the Judge 4- Word Wheel 5- Open Art	23 Morning Celebration 10- Morning News 11- Craft Stations 1- Table Games/Social Time 2- Travel Talk 3- Afternoon Stretches 4- Trivia Time 5-Open Music	24 Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Reminisce Activity 3- Spanish 101 4- Nature Talk 5- Relaxation Music	25 Morning Celebration 10- Stretch & Flex 11- White Board Games 1- Jeopardy 2- Live Entertainment 3- Beading Craft 4- Trivia Time 5- Open Game Play	26 Morning Celebration 10- Virtual Museum 11- Men's/Women's Club 1- TAI CHI 2- Movie Time 3- Nature Walk 4- Game Battles 5- Open Art
29 Morning Celebration 10- Music & Muscle Exercise 11- Armchair Travel 1- Bingo 2- Music w/ Karen 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	30 Morning Celebration 10-Current Events 11- Craft Stations 1-Table Games/Social Time 2- Travel Talk 3- Let's Learn! 4- Nature Talk 5- Open Music Time	31 Morning Celebration 10-Stretch & Flex 11- Coffee Shoppe Club 1- Current Events w/Eric 2- Afternoon Stretches 3-Spanish 101 4- Trivia Time 5-Open Game Play		