

October 2021



ADULT DAY CARE ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				Morning Celebration 10- Move Your Body! 11- Bingo 1- Entertainment(Boca) 2- Reminisce Activity 3- Play Ball! 4- Nature Walk 5- Open Art
4	5	6	7	8
Morning Celebration 10- Yoga 11- Social Club 1- Golden Oldies 2- Garden Fun 3- Reminisce Activity 4- Afternoon Stretches 5- Open Art	Morning Celebration 10- Seniorcise 11- Brain Games 1- Sing a Long 2- Craft Stations 3- Let's Learn! 4- Nature Walk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Reminisce Activity 3- Spanish 101 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Chair Chi 11- Sing a Long 1- Entertainment(Levis) 2- Afternoon Stretches 3- Word Wheel 4- Reminisce Activity 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Current Events 1- Entertainment(Boca) 2- Afternoon Stretches 3- Name That Tune 4- Brain Games 5- Open Art
11	12	13	14	15
Morning Celebration 10- Yoga 11- Chat Pack 1- Bingo 2- Tea Time Social 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Seniorcise 11- Sing a Long 1- Bingo 2- Craft Stations 3- Afternoon Stretches 4- Nature Walk 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Brain Games 3- Spanish 101 4- Word Wheel 5- Open Game Play	Morning Celebration 10- Chair Chi 11- This Day in History 1- Entertainment(Levis) 2- Brain Games 3- Beading Craft 4- Chat Pack 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Chat Pack 1- Entertainment(Boca) 2- You Be the Judge 3- Nature Walk 4- Game Battles 5- Open Art
18	19	20	21	22
Morning Celebration 10- Yoga 11- Chat Pack 1- Bingo 2- Tea Time Social 3- You Be the Judge 4- Word Wheel 5- Open Art	Morning Celebration 10- Seniorcise 11- Rat Pack Music 1- Bingo 2- Craft Stations 3- Afternoon Stretches 4- Trivia Time 5- Open Music	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Reminisce Activity 3- Spanish 101 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Chair Chi 11- Sing a Long 1- Entertainment(Levis) 2- Who Am I? 3- Bingo 4- Nature Walk 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Chat Pack 1- Entertainment(Boca) 2- Trivia Time 3- Reminisce Activity 4- Sing a Long 5- Open Art
25	26	27	28	29
Morning Celebration 10- Yoga 11- This Day in History 1- Artist Impression 2- Sing a Long 3- Nature Walk 4- Spot the Difference 5- Open Art	Morning Celebration 10- Seniorcise 11- Brain Games 1- Sing a Long 2- Craft Stations 3- Let's Learn! 4- Nature Walk 5- Open Music Time	Morning Celebration 10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Afternoon Stretches 3- Spanish 101 4- Trivia Time 5- Open Game Play	Morning Celebration 10- Chair Chi 11- Brain Games 1- Entertainment(Levis) 2- Tea Time Social 3- Beading Craft 4- Things That Go Together 5- Relaxation Music	Morning Celebration 10- Move Your Body! 11- Bingo 1- Entertainment(Boca) 2- Reminisce Activity 3- Play Ball! 4- Nature Walk 5- Open Art
				