

# November 2021



## ADULT DAY CARE ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><b>Morning Celebration</b></p> <p>10- <b>Yoga</b></p> <p>11- Social Club</p> <p>1- <b>Golden Oldies</b></p> <p>2- <b>Garden Fun</b></p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- <b>Open Art</b></p>	<p><b>2</b></p> <p><b>Morning Celebration</b></p> <p>10- <b>Seniorcise</b></p> <p>11- <b>Brain Games</b></p> <p>1- Sing a Long</p> <p>2- <b>Craft Stations</b></p> <p>3- Let's Learn!</p> <p>4- <b>Nature Walk</b></p> <p>5- <b>Open Music Time</b></p>	<p><b>3</b></p> <p><b>Morning Celebration</b></p> <p>10- <b>Stretch &amp; Flex</b></p> <p>11- <b>Coffee Shoppe Talk</b></p> <p>1- <b>Entertainment(Delray)</b></p> <p>2- Reminisce Activity</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- <b>Open Game Play</b></p>	<p><b>4</b></p> <p><b>Morning Celebration</b></p> <p>10- <b>Chair Chi</b></p> <p>11- Sing a Long</p> <p>1- <b>Entertainment(Levis)</b></p> <p>2- Afternoon Stretches</p> <p>3- Word Wheel</p> <p>4- Reminisce Activity</p> <p>5- <b>Relaxation Music</b></p>	<p><b>5</b></p> <p><b>Morning Celebration</b></p> <p>10- <b>Move Your Body!</b></p> <p>11- <b>Current Events</b></p> <p>1- <b>Entertainment(Boca)</b></p> <p>2- Afternoon Stretches</p> <p>3- Name That Tune</p> <p>4- <b>Brain Games</b></p> <p>5- <b>Open Art</b></p>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p><b>Morning Celebration</b></p> <p>10- <b>Yoga</b></p> <p>11- <b>Chat Pack</b></p> <p>1- Bingo</p> <p>2- <b>Tea Time Social</b></p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- <b>Open Art</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Seniorcise</b></p> <p>11- Sing a Long</p> <p>1- Bingo</p> <p>2- <b>Craft Stations</b></p> <p>3- Afternoon Stretches</p> <p>4- <b>Nature Walk</b></p> <p>5- <b>Open Music</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Stretch &amp; Flex</b></p> <p>11- <b>Coffee Shoppe Talk</b></p> <p>1- <b>Entertainment(Delray)</b></p> <p>2- <b>Brain Games</b></p> <p>3- Spanish 101</p> <p>4- Word Wheel</p> <p>5- <b>Open Game Play</b></p>		<p><b>Morning Celebration</b></p> <p>10- <b>Move Your Body!</b></p> <p>11- <b>Chat Pack</b></p> <p>1- <b>Entertainment(Boca)</b></p> <p>2- You Be the Judge</p> <p>3- <b>Nature Walk</b></p> <p>4- Game Battles</p> <p>5- <b>Open Art</b></p>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<p><b>Morning Celebration</b></p> <p>10- <b>Yoga</b></p> <p>11- <b>Chat Pack</b></p> <p>1- Bingo</p> <p>2- <b>Tea Time Social</b></p> <p>3- You Be the Judge</p> <p>4- Word Wheel</p> <p>5- <b>Open Art</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Seniorcise</b></p> <p>11- Rat Pack Music</p> <p>1- Bingo</p> <p>2- <b>Craft Stations</b></p> <p>3- Afternoon Stretches</p> <p>4- Trivia Time</p> <p>5- <b>Open Music</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Stretch &amp; Flex</b></p> <p>11- <b>Coffee Shoppe Talk</b></p> <p>1- <b>Entertainment(Delray)</b></p> <p>2- Reminisce Activity</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- <b>Open Game Play</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Chair Chi</b></p> <p>11- Sing a Long</p> <p>1- <b>Entertainment(Levis)</b></p> <p>2- <b>Who Am I?</b></p> <p>3- Bingo</p> <p>4- <b>Nature Walk</b></p> <p>5- <b>Relaxation Music</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Move Your Body!</b></p> <p>11- <b>Chat Pack</b></p> <p>1- <b>Entertainment(Boca)</b></p> <p>2- Trivia Time</p> <p>3- Reminisce Activity</p> <p>4- Sing a Long</p> <p>5- <b>Open Art</b></p>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p><b>Morning Celebration</b></p> <p>10- <b>Yoga</b></p> <p>11- <b>This Day in History</b></p> <p>1- <b>Artist Impression</b></p> <p>2- Sing a Long</p> <p>3- <b>Nature Walk</b></p> <p>4- Spot the Difference</p> <p>5- <b>Open Art</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Seniorcise</b></p> <p>11- <b>Brain Games</b></p> <p>1- Sing a Long</p> <p>2- <b>Craft Stations</b></p> <p>3- Let's Learn!</p> <p>4- <b>Nature Walk</b></p> <p>5- <b>Open Music Time</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Stretch &amp; Flex</b></p> <p>11- <b>Coffee Shoppe Talk</b></p> <p>1- <b>Entertainment(Delray)</b></p> <p>2- Afternoon Stretches</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- <b>Open Game Play</b></p>		
<b>29</b>	<b>30</b>			
<p><b>Morning Celebration</b></p> <p>10- <b>Yoga</b></p> <p>11- Social Club</p> <p>1- <b>Golden Oldies</b></p> <p>2- <b>Garden Fun</b></p> <p>3- Reminisce Activity</p> <p>4- Afternoon Stretches</p> <p>5- <b>Open Art</b></p>	<p><b>Morning Celebration</b></p> <p>10- <b>Seniorcise</b></p> <p>11- <b>Brain Games</b></p> <p>1- Sing a Long</p> <p>2- <b>Craft Stations</b></p> <p>3- Let's Learn!</p> <p>4- <b>Nature Walk</b></p> <p>5- <b>Open Music Time</b></p>			