

December 2021



ADULT DAY CARE ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Talk Entertainment(Delay)</p> <p>2- Reminisce Activity</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>2</p> <p>Morning Celebration</p> <p>10- Chair Chi</p> <p>11- Sing a Long</p> <p>1- Entertainment(Levis)</p> <p>2- Afternoon Stretches</p> <p>3- Word Wheel</p> <p>4- Reminisce Activity</p> <p>5- Relaxation Music</p>	<p>3</p> <p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Current Events Entertainment(Boca)</p> <p>2- Afternoon Stretches</p> <p>3-Name That Tune</p> <p>4-Brain Games</p> <p>5- Open Art</p>
<p>6</p> <p>Morning Celebration</p> <p>10- Yoga</p> <p>11- Chat Pack</p> <p>1- Bingo</p> <p>2- Tea Time Social</p> <p>3-You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>7</p> <p>Morning Celebration</p> <p>10- Seniorcise</p> <p>11- Sing a Long</p> <p>1- Bingo</p> <p>2- Craft Stations</p> <p>3- Afternoon Stretches</p> <p>4- Nature Walk</p> <p>5- Open Music</p>	<p>8</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Talk Entertainment(Delay)</p> <p>2- Brain Games</p> <p>3- Spanish 101</p> <p>4- Word Wheel</p> <p>5- Open Game Play</p>	<p>9</p> <p>Morning Celebration</p> <p>10- Chair Chi</p> <p>11- This Day in History Entertainment(Levis)</p> <p>2- Brain Games</p> <p>3- Beading Craft</p> <p>4-Chat Pack</p> <p>5- Relaxation Music</p>	<p>10</p> <p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Chat Pack Entertainment(Boca)</p> <p>2- You Be the Judge</p> <p>3- Nature Walk</p> <p>4- Game Battles</p> <p>5- Open Art</p>
<p>13</p> <p>Morning Celebration</p> <p>10- Yoga</p> <p>11- Chat Pack</p> <p>1- Bingo</p> <p>2- Tea Time Social</p> <p>3-You Be the Judge</p> <p>4- Word Wheel</p> <p>5- Open Art</p>	<p>14</p> <p>Morning Celebration</p> <p>10- Seniorcise</p> <p>11-Rat Pack Music</p> <p>1- Bingo</p> <p>2- Craft Stations</p> <p>3- Afternoon Stretches</p> <p>4- Trivia Time</p> <p>5-Open Music</p>	<p>15</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Talk Entertainment(Delay)</p> <p>2- Reminisce Activity</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>16</p> <p>Morning Celebration</p> <p>10- Chair Chi</p> <p>11- Sing a Long</p> <p>1- Entertainment(Levis)</p> <p>2- Who Am I?</p> <p>3-Bingo</p> <p>4- Nature Walk</p> <p>5- Relaxation Music</p>	<p>17</p> <p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Chat Pack Entertainment(Boca)</p> <p>2- Trivia Time</p> <p>3- Reminisce Activity</p> <p>4-Sing a Long</p> <p>5- Open Art</p>
<p>20</p> <p>Morning Celebration</p> <p>10-Yoga</p> <p>11-This Day in History</p> <p>1-Artist Impression</p> <p>2-Sing a Long</p> <p>3-Nature Walk</p> <p>4-Spot the Difference</p> <p>5-Open Art</p>	<p>21</p> <p>Morning Celebration</p> <p>10- Seniorcise</p> <p>11- Brain Games</p> <p>1- Sing a Long</p> <p>2- Craft Stations</p> <p>3- Let's Learn!</p> <p>4- Nature Walk</p> <p>5- Open Music Time</p>	<p>22</p> <p>Morning Celebration</p> <p>10-Stretch & Flex</p> <p>11-Coffee Shoppe Talk Entertainment(Delay)</p> <p>2- Afternoon Stretches</p> <p>3-Spanish 101</p> <p>4- Trivia Time</p> <p>5-Open Game Play</p>	<p>23</p> <p>Morning Celebration</p> <p>10-Chair Chi</p> <p>11- Brain Games Entertainment(Levis)</p> <p>2- Tea Time Social</p> <p>3-Beading Craft</p> <p>4- Things That Go Together</p> <p>5-Relaxation Music</p>	<p>24</p> 
<p>27</p> 	<p>28</p> <p>Morning Celebration</p> <p>10- Seniorcise</p> <p>11- Brain Games</p> <p>1- Sing a Long</p> <p>2- Craft Stations</p> <p>3- Let's Learn!</p> <p>4- Nature Walk</p> <p>5- Open Music Time</p>	<p>29</p> <p>Morning Celebration</p> <p>10- Stretch & Flex</p> <p>11- Coffee Shoppe Talk Entertainment(Delay)</p> <p>2- Reminisce Activity</p> <p>3- Spanish 101</p> <p>4- Trivia Time</p> <p>5- Open Game Play</p>	<p>30</p> <p>Morning Celebration</p> <p>10- Chair Chi</p> <p>11- Sing a Long</p> <p>1- Entertainment(Levis)</p> <p>2- Afternoon Stretches</p> <p>3- Word Wheel</p> <p>4- Reminisce Activity</p> <p>5- Relaxation Music</p>	<p>31</p> <p>Morning Celebration</p> <p>10- Move Your Body!</p> <p>11- Current Events Entertainment(Boca)</p> <p>2- Afternoon Stretches</p> <p>3-Name That Tune</p> <p>4-Brain Games</p> <p>5- Open Art</p>