

February 2021



ADULT DAY CARE ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Morning Celebration</p> <p>10-Yoga 11-This Day in History 1-Artist Impression 2-Sing a Long 3-Nature Walk 4-Spot the Difference 5-Open Art</p>	<p>2</p> <p>Morning Celebration</p> <p>10-Seniorcise 11-Current Events 1-Who Am I? 2-Craft Stations 3-Putting Green 4-Let's Learn! 5- Open Music Time</p>	<p>3</p> <p>Morning Celebration</p> <p>10-Stretch & Flex 11-Coffee Shoppe Talk 1-Remembering Buddy Holly, Richie Valens, & the Big Bopper? 2- Afternoon Stretches 3-Spanish 101 4- Trivia Time 5-Open Game Play</p>	<p>4</p> <p>Morning Celebration</p> <p>10-Chair Chi 11- Brain Games 1- Entertainment(Levis) 2- Tea Time Social 3-Beading Craft 4- Things That Go Together 5-Relaxation Music</p>	<p>5</p> <p>Morning Celebration</p> <p>10-Move Your Body! 11-Bingo 1-Superbowl Party 2- Reminiscence Activity 3-Play Ball! 4- Nature Walk 5-Open Art</p>
<p>8</p> <p>Morning Celebration</p> <p>10- Yoga 11-Chat Pack 1- Bingo 2- Tea Time Social 3-You Be the Judge 4-Word Wheel 5- Open Art</p>	<p>9</p> <p>Morning Celebration</p> <p>10- Seniorcise 11- Brain Games 1- Sing a Long 2- Craft Stations 3- Let's Learn! 4- Nature Walk 5- Open Music Time</p>	<p>10</p> <p>Morning Celebration</p> <p>10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Reminiscence Activity 3- Spanish 101 4- Trivia Time 5- Open Game Play</p>	<p>11</p> <p>Morning Celebration</p> <p>10- Chair Chi 11- Sing a Long 1- Entertainment(Levis) 2- Afternoon Stretches 3- Word Wheel 4- Reminiscence Activity 5- Relaxation Music</p>	<p>12</p> <p>Morning Celebration</p> <p>10- Move Your Body! 11- Current Events 1-Sweetest Day Celebration 2- Afternoon Stretches 3-Name That Tune 4- Nature Walk 5- Open Art</p>
<p>15</p> <p>Morning Celebration</p> <p>10- Yoga 11-Social Club 1-President's Day Ice Cream Social (Dress Patriotic) 2- Garden Fun 3- Reminiscence Activity 4- Afternoon Stretches 5- Open Art</p>	<p>16</p> <p>Morning Celebration</p> <p>10- Seniorcise 11- Sing a Long 1- Bingo 2- Craft Stations 3- Afternoon Stretches 4- Nature Walk 5- Open Music Time</p>	<p>17</p> <p>Morning Celebration</p> <p>10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Artist Impression 3- Spanish 101 4-Paper Craft 5- Open Game Play</p>	<p>18</p> <p>Morning Celebration</p> <p>10- Chair Chi 11- This Day in History 1- Entertainment(Levis) 2- Brain Games 3- Beading Craft 4-Chat Pack 5- Relaxation Music</p>	<p>19</p> <p>Morning Celebration</p> <p>10- Move Your Body! 11- Chat Pack 1- Entertainment(Boca) 2- You Be the Judge 3- Nature Walk 4- Game Battles 5- Open Art</p>
<p>22</p> <p>Morning Celebration</p> <p>10- Yoga 11- This Day in History 1- Name That Tune 2- Reminiscence Activity 3- Chat Pack 4- Game Battles 5- Open Art</p>	<p>23</p> <p>Morning Celebration</p> <p>10- Seniorcise 11-Rat Pack Music 1- Bingo 2- Craft Stations 3- Afternoon Stretches 4- Trivia Time 5-Open Music Time</p>	<p>24</p> <p>Morning Celebration</p> <p>10- Stretch & Flex 11- Coffee Shoppe Talk 1- Entertainment(Delray) 2- Brain Games 3- Spanish 101 4- Word Wheel 5- Open Game Play</p>	<p>25</p> <p>Morning Celebration</p> <p>10- Chair Chi 11- Sing a Long 1- Entertainment(Levis) 2- Who Am I? 3-Bingo 4- Nature Walk 5- Relaxation Music</p>	<p>26</p> <p>Morning Celebration</p> <p>10- Move Your Body! 11- Chat Pack 1-Entertainment(Boca) 2- Trivia Time 3- Reminiscence Activity 4-Sing a Long 5- Open Art</p>

